

Pamper Days

- Perfect Present** £28
Bronze Manicure - file and polish,
Eyelash tint and Eyebrow shape.
- Pre-Holiday Pamper** £55
Mini Facial, Back cleanse, and Bronze
manicure or pedicure.
- Serenity Special** £67
Prescriptive Facial, Gold
manicure, Eyelash tint and Eyebrow
Shape.
- Top to Toe** £85
Mini Facial, Delux manicure and Delux
Pedicure.

Or select your own combination of
treatments for the perfect gift.

Gift Vouchers

Gift Vouchers are also available for a
specific serenity treatment or an
amount.

Specialist Treatments

Holistic Treatments

Massage Treatments

(saturdays only)

- Full body massage £35
Back and neck massage £25

(tues/thurs evenings only)

- Reflexology 1 hour £40
Indian head massage
30 minutes £25

Bowen Technique £35

Gentle treatment for a wide range of
conditions including back/neck pain,
sciatica and bronchial problems

Reiki £35

System of natural healing working with the
mind, body and spirit

Earcandling £25

Effective treatment for headaches, sinus
and ear problems

Chiropodist / Padiatrist

- Hp Registered (thursdays only)
1 hour treatment £35

Separate Gift Vouchers available for
these Holistic Treatments

Serenity

Health & Beauty

Price List

01256 895500

3 Church Street
Whitchurch, Hampshire
RG28 7AD

Dermalogica Skin Care

Prescriptive Facial

This facial is designed for all skin types. Exfoliation, cleanse, massage, and steam towels are all included within this treatment producing astonishing results for your skin.

1 Hour Facial	£38
45 mins Facial	£33
Mini Facial	£23

Back Cleanse **£22**
A deep cleanse treatment using exfoliant, masque, massage and steam towels, which is stimulating and refreshing to those hard to reach areas.

Spa Body Treatments

For centuries Spa Body Treatments have been embraced for their revitalising and therapeutic effects. From ancient mineral hot springs to our modern seaweed wraps, these treatments detoxify your body, de-stress your mind and revitalise your skin.

Sea Mud Wrap **£48**
Detoxifying wrap and dry body brushing.

Mineral Salt Scrub **£48**
A revitalising exfoliant treatment to refresh your skin

Serenity Price List

Manicures and Pedicures

All Manicures and Pedicures include a free Mavala nail polish of your choice to take home with you. Mavala is recognised throughout the world as the leader in nail care.

Bronze Manicure **£14**
a basic file and polish manicure that will leave you with beautifully shaped nails, and finished with a Mavala polish of your choice.

Gold Manicure **£24**
An Excellent Manicure consisting of file, cuticle work, warm mitts and a Mavala polish of your choice.

Delux Manicure **£32**
A luxury manicure with file, cuticle work, sea salt exfoliant, paraffin wax with peach and juniper extracts treatment, massage and finished with a Mavala polish of your choice.

Pedicure **£34**
An excellent pedicure with a relaxing foot spa, file cuticle work and polish.

Delux Pedicure **£40**
A Luxury Pedicure with an invigorating soak in the foot spa, sea salt exfoliant, paraffin wax with peach juniper extracts treatment, massage and finished with a Mavala polish of your choice.

**FREE POLISH WITH ALL
MANICURES AND PEDICURES**

Waxing

Half Leg	£16
Half Leg and Bikini	£22
3/4 Leg	£20
3/4 Leg and Bikini	£26
Full Leg	£24
Full Leg and Bikini	£29
Bikini	£9.50
Under Arm	£9
Forearm	£13
Full Arm	£15
Lip	£8
Chin	£8
Lip and Chin	£14
Back	£22
Chest	£22

Eye Treatments

Eyelash Tint	£12
Eyebrow Tint	£8
Eyelash and Eyebrow Tint	£16
Eyebrow Shape	£9

Tanning

St Tropez Sunless Bronzing **£42**
An Aloe Vera based instant tanning system including exfoliation to the whole body and face.

Spray Tan	
Half Body	£15
Full body	£26